

HAMPTON ACADEMY LUNCH MENU 2024-2025

Sandwiches (available daily) Ham • Turkey • Tuna • Cheese • PB&J

MILK (8oz) Low-Fat 1% • Fat-Free • Chocolate • Strawberry

Juice (4oz) 100% Fruit Juice & Bottled Water (8oz)

Dessert – Pudding (4 oz)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DECEMBER						
1	2	3	4	5	6	
	Hot Dog Baked Chips Peas & Carrots Cinnamon Applesauce	Spicy Chicken Sandwich on WG Bun Coleslaw Fruit Cocktail	WG Macaroni & Cheese Garden Vegetables Mandarin Oranges	Meatball Parmigiana Hoagie Sliced Carrots Diced Pears	Pizza Tossed Salad Diced Peaches	PRICE LIST... Lunch \$3.00 Reduced .40¢ Milk .50¢ Deli Sandwich \$1.00 Side Salad \$1.00 Baked Chips/ Small Snack .50¢
8	9	10	11	12	13	
	Chicken Alfredo with Spinach Pineapple Tidbits	Chili con Carne with Beans Brown Rice Mixed Vegetables Tropical Fruit Mix		Stuffed Shells Broccoli Fruit Cocktail	Chicken Cheesesteak Peppers & Onions Green Bean Fries Diced Peaches	
15	16	17	18	19	20	
	WG Fish Sticks Mashed Potatoes Green Peas Applesauce	Vegetable Soup Turkey Club On Whole Wheat Bread Sliced Apples	Chicken Fajitas Peppers & Onions Corn & Black Beans Mandarin Oranges	WG Waffle Sausage Patty Scrambled Eggs Fresh Banana Holiday Treat		
22	23	24	25	26	27	
29	30					