

**HAMPTON  
ACADEMY  
LUNCH MENU  
2024-2025**

*Sandwiches (available daily): Ham, Turkey, Tuna, Cheese, PBJ*  
*Beverages: MILK (8oz) Low Fat 1% • Fat Free •  
 Chocolate Strawberry*  
*Juice (4oz) 100% Fruit Juice & Bottled Water (8oz)*  
*Desserts: Pudding*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>JANUARY</b>				<b>WINTER</b>		<b>PRICE LIST...</b>
			1 	2 Hamburger on WG Bun Broccoli with Cheese ~Cinnamon Applesauce~	3 Cheese Pizza ~Fruited Jell-O~	<b>Lunch \$3.00</b>
5 	6 Homestyle Chicken Sandwich Green Peas ~Diced Peaches~	7 Chicken Noodle Soup Turkey & Cheese Panini Winter Medley ~Mandarin Oranges~	8 Salisbury Steak Mashed Potatoes Green Beans ~Diced Pears~	9 Meatball Parmigiana Hoagie Peas & Carrots ~Tropical Fruit Salad~	10 Chicken Nuggets WG Macaroni & Cheese Mixed Vegetables ~Fruit Cocktail~	<b>Reduced .40¢</b>
	13 Cheese Ravioli Tossed Salad WG Garlic Breadstick ~ Fruit Cocktail~	14 Chicken Enchiladas Corn & Black Beans ~Pineapple Tidbits~	15 Open Faced Turkey Sandwich Mashed Potatoes Sliced Carrots ~Diced Pears~	16 Lasagna Rollete Grilled Vegetables ~Diced Peaches~	17 Pepperoni Pizza Spinach Salad ~Applesauce~	<b>Milk .50¢</b>
19 	20  <b>SCHOOL CLOSED</b>	21 Tomato Soup Grilled Cheese ~Mandarin Oranges~	22 Chicken Pot Pie  Green Beans ~Tropical Fruit Salad~	23 Beef a Roni Peas & Carrots ~Fruited Jell-O~	24 Loaded Turkey Nachos Latin Vegetable Rice With Black Beans ~ Pineapple Tidbits~	<b>Deli Sandwich \$1.00</b>
26 	27 WW Toast Cheese Omelet Chicken Sausage Patty ~Banana~	28 Spaghetti & Meatballs Garden Vegetables ~Diced Peaches~	29 	30 Sweet n' Sour Chicken Vegetable Fried Rice Stir-fry Vegetables ~Mandarin Oranges~	31 Hot Dog Baked Chips Baby Carrots with LF dressing ~Diced Pears~	<b>Side Salad \$1.00</b>
						<b>Baked Chips/ Small Snack .50¢</b>
						<b>Water Bottle .50¢</b> 