



Price List: Milk, Fruit Juice, Water - \$0.50
 Breakfast \$2.00 Lunch \$3.00 Reduced \$0.40
 Chips/Snack \$0.50 Side Salad \$1.00

Hampton Academy 2026-27



LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Welcome Back!

First Day of School

Half Day
No Lunch

Half Day
No Lunch



Hamburger w/Cheese
Macaroni Salad
Green Peas
-Fruited Jello-

Scrambled Egg Patty w/ Cheese
& Sausage on a WG Bagel
Hash Brown Potatoes
-Banana-

Turkey Club Sandwich
Baby Carrots w/LF Ranch
Baked Chips
-Sliced Apples-

WG Cheese Pizza
Mixed Salad Greens
-Frozen Treat-

WG Pasta with Meatballs
Green Beans
-Tropical Fruit Salad-

Spicy Chicken on WG Bun
Lettuce & Tomato
Potato Wedges
-Diced Peaches-

Beef Taco
Spanish Rice
Corn & Black Beans
-Mandarin Oranges-

Tomato Soup
Grilled Cheese
Broccoli
-Fruit Cocktail-

Beef Hot Dog
Cole Slaw
Baked Beans
-Applesauce-

Rotisserie Chicken
Mashed Potatoes
Carrots
WG Dinner Roll
-Tropical Fruit Salad-

Potato Crusted Cod
Garden Rice
Garden Vegetables
-Mandarin Oranges-

Half Day
No Lunch

Cheese Tortellini w/Meat Sauce
Italian Vegetables
-Diced Pears-

Pepperoni Pizza
Mixed Greens Salad
-Diced Pears-

Ham & Cheese Panini
Macaroni Salad
-Cinnamon Applesauce-

Chicken Salad Sandwich
Baby Carrots w/LF Ranch
Baked Chips
-Diced Peaches-

WG Macaroni & Cheese
Mixed Vegetables
-Sliced Apples-



Sandwiches (available daily): Ham – Turkey – Tuna - Cheese
Beverages: Milk (8oz) Low Fat 1% - Fat Free – Chocolate
Juice (4oz): 100% Fruit Juice & Bottled Water (8oz)
Desserts: Fresh Fruit, Pudding, Frozen Treat

Garden Salad offered
every day!

SEPTEMBER 2026